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| **To Cite:** Authors (Last name + initials). Title.**Please leave blank for peer review.****Corresponding Author:****Please leave blank for peer review.**Author NameAddressEmail |
| **SUMMARY**Please enter a summary of 100 words or less. The summary should highlight what you would like readers to know: **Outline your key points, focusing on what you’ve learned and what you might do differently.** You may use a bulleted list. **Key Words**Add up to **5** keywords (separated by semicolons) Word count:[**Number**]Figures & Tables:[**Number**] |

A “lessons learned” or “insight” article should not exceed **1,000** words.

**INTRODUCTION**

Briefly introduce the topic and the study.

**SUMMARY**

Summarise in 2-4 paragraphs the study you undertook. Provide details regarding the study scope/goals, number of participants and outcomes.

**LESSONS LEARNED**

In a few paragraphs, explain what happened. Here you should answer questions such as:

1) Why did the study fail?

2) What did you learn from undertaking the study?

3) How can other researchers and practitioners learn from your experience?

4) What would you do differently next time?

**CLINICIAN INSIGHT**

[To be added by the Journal’s peer reviewer] Please include 1-2 paragraphs from the clinician’s perspective.

**REFERENCES**

Please use a maximum of **five (5)** references.

1. Add references here (Vancouver Style but listing first three (3) authors only + et al.)
2. A minimum of five (5) references and a maximum of fifteen (15).
3. In-text citations are superscripted.

**ACKNOWLEDGEMENTS**

None

Or

Add acknowledgement

**PEER REVIEW**

Not commissioned. Externally peer reviewed.

**CONFLICTS OF INTEREST**

The authors declare that they have no competing interests.

Or

The authors declare the following conflicts of interest: (LIST CONFLICTS)

**FUNDING**

None

**ETHICS COMMITTEE APPROVAL**

None

**FIGURES AND TABLES**

Place figures and tables at the end of the document. Be sure to review the “JHD Instructions for Authors” for specific instructions about formatting.

A maximum of five (5) figures and tables. Figures must be clear and easy to read. Tables should not exceed one page and be presented in portrait format (not landscape).