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**BACKGROUND**

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**DISCUSSION**

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**CONCLUSION**

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1. Add references here (Vancouver Style but listing first three (3) authors only + et al.)
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**ACKNOWLEDGEMENTS**

None

**PEER REVIEW**

Not commissioned. Externally peer reviewed.

**CONFLICTS OF INTEREST**

The authors declare that they have no competing interests.

**FUNDING**

None

**ETHICS COMMITTEE APPROVAL**

None

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Place figures and tables at the end of the document. Be sure to review the “JHD Instructions for Authors” for specific instructions about formatting.

A maximum of five (5) figures and five (5) tables—10 in total is permitted. Figures must be clear and easy to read. Tables should not exceed one page and be presented in portrait format (not landscape).